



*Mission: Share the Load* partners with vetted preferred providers who have vast experience supporting first responders, veterans and service members, and specialize in Accelerated Resolution Therapy (ART) and/or Eye Movement Desensitization and Reprocessing (EMDR) therapies. Through this program, the Patrick Rudd Project covers the cost of up to five therapy sessions per person. Providers may request/recommend additional sessions on a case-by-case basis. Coverage of additional sessions will be dependent upon funding.

Client names remain confidential within this program. Mental Health Professionals will assign each client a unique Client ID for billing purposes.

## **Mission: Share the Load Preferred Providers**

**Missy Altman, MACC, LMHC**, Evansville, IN

[mdaltman@scllc.hush.com](mailto:mdaltman@scllc.hush.com)

[sojourncounselingin.com](http://sojourncounselingin.com)

812-437-5038

**Telehealth?** No, only licensed in Indiana (Kentucky clients may see Missy in person in Evansville)

**EMDR?** Trained; currently completing supervision for certification

Missy has been counseling since 2015 and works with individuals and couples who are seeking growth and healing, helping them address challenges and find new ways forward. She has experience working with first responders and veterans, recognizing the unique situations they often face. Missy utilizes Cognitive Behavioral Therapy, Person-Centered Therapy and EMDR, as well as other modalities when appropriate. She looks forward to working with you to pursue true, lasting change in your life!

**HANNAH COYT, LPCC-S-EMDR**, Bowling Green, KY

[hannah.coyt@wku.edu](mailto:hannah.coyt@wku.edu)

270-849-5656

**Telehealth?** Yes

**EMDR?** Yes

Hannah has been a licensed counselor for 23 years with experience working with responders, military, and veterans, currently specializing in this area. Over the past two and half years, she has been utilizing EMDR with these populations and has had incredible success in just a few sessions! Hannah is also a Mental Health Provider for Kentucky Department of Criminal Justice Police Critical Incident Seminars.

**BELINDA FANNING, LMFT, MedFT**, Clarksville, TN

931 553-4161 Ext. 12

Telehealth? No, only licensed in Tennessee (Kentucky clients may see Belinda in person in Clarksville)

**EMDR?** Yes

Belinda Fanning, LMFT, MedFT, has fourteen years of experience in providing psychotherapy to adults from varied cultures and diverse backgrounds. She treats a wide variety of issues including PTSD, anxiety, sexual trauma, depression, anxiety, and mood disorders. Ms. Fanning has twelve years' experience working with the military, Veterans, law enforcement, first responders, and their families. Ms. Fanning is a Mental Health Provider for Kentucky Department of Criminal Justice Police Critical Incident Seminars and has extensive training as well as twelve years' experience utilizing EMDR Therapy.

**COURTNEY LLOYD, LCSW- EMDR**, Hopkinsville, KY

[traumaandaddictinrecovery@gmail.com](mailto:traumaandaddictinrecovery@gmail.com)

270-875-0886

**Telehealth?**

**EMDR?** Yes

Courtney is a Licensed Clinical Social Worker and Substance Use Counselor. She has worked with both active duty and veterans as well as all types of First Responders for over 10 years. She's certified in several trauma focus therapies that include EMDR and ART (Accelerated Resolution Therapy) and has worked with substance use disorders and general mental health concerns for over 20 years. After 22 years of working in this field, she's still passionate about what she does and how she can help someone heal in this journey called life!

**KRISTINA WATT FULLER**, Alvaton, KY

[fullerlifecounseling.org](http://fullerlifecounseling.org)

[kristy.fuller@fullerlifecounseling.org](mailto:kristy.fuller@fullerlifecounseling.org)

270-904-5104

**Telehealth?** Yes

**EMDR?** Yes

Kristy was the first clinician to begin talking with the City of Bowling Green about a peer support team and is now a member of that peer support team along with 3 other clinicians. She received training for EMDR in 2017 at The Soldier Center in Clarksville TN and has been using it in her practice for all types of trauma, finding it to be extremely effective. As her work with first responders has increased, she decided to become a Certified First Responder Counselor, continuing to receive ongoing training. Kristy participates in debriefings with groups after traumatic events, provides individual and family therapy to first responders, and provides education and training to first responders and their significant others.